



Preparing your child for a psych-ed assessment:



01

Less is more

Be Honest but brief. They are coming because you or their teacher want to understand their learning profile better.



03

Everyone has their own profile

Every person has things that they find easy and things they find more difficult. The "psych-ed" is helpful because it gives more information about a person's learning style and then provides suggestions about what might be helpful.



02

This is NOT a "Test"

Avoid using the word "test" when explaining the assessment. A test suggests there is a pass or fail. That is not what we do. A psych-ed assesses for learning strengths and weaknesses of an individual. A child cannot fail at being them, they are perfect at that. The assessment informs parents and teachers how your child learns.



04

A workout for the brain

Your child will do lots of different exercises during the assessment. Some will be puzzle type activities, while some will be school stuff, like reading or math...but it is NOT a TEST



05

Try your best

The most important message to give your child in preparation for a psych-ed is to "Try your best, even when it feels hard. Take breaks when you need it, and always guess if you are not sure. You will do great!"

